

How can I support
my child in their
home learning?



Getting ready for home learning!

Home learning is best achieved when:

- You and your child are rested. Having enough sleep each night is just as important for home learning as it is when sending your child to school. Try to keep to routines for bedtimes and getting up times as much as possible and choose times when your child is not tired to complete activities.
- You have a quiet space with no screens or distractions for your child to work in. For writing this could be at a table or other activities such as reading or craft may be better on the floor or sat cozily on the sofa.
- Choose a time that works for your family. All families have different busy times and set ups. Many of you might also be working from home. Think about when is a quieter time or better time for you to complete home learning.

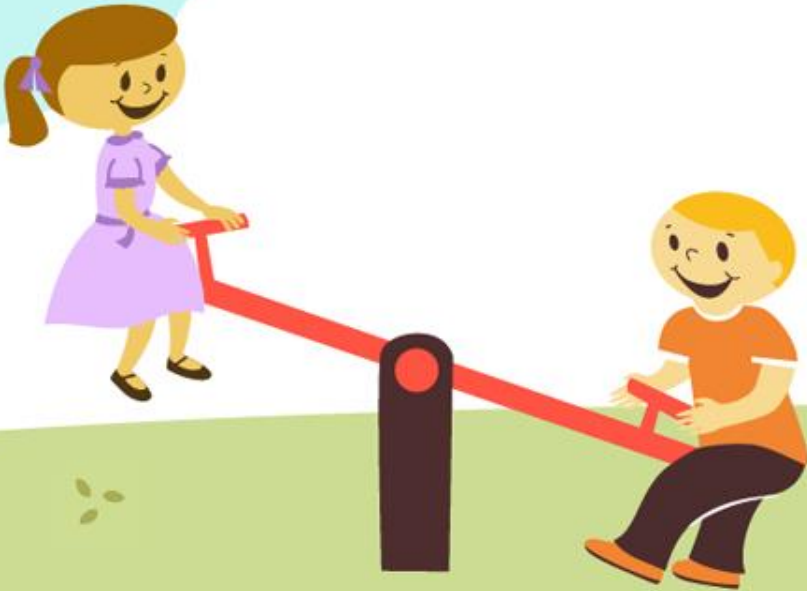


How can I manage my child's learning time at home?

Children, particularly infant children, are not able to maintain focus and attention for long periods of time without physical breaks and “downtime”.

A suggestion of how to structure learning activities could be:

1. Watch the input video.
2. Talk about what your child should do next and what the teacher talked about / modelled.
3. Complete the learning activity.
4. Submit a photo or copy of the activity to your class teacher. They will send you feedback and help you celebrate and further your child's learning.
5. Have a break, move around and a healthy snack if needed.
6. Come back to the next activity when you and your child are ready.



What if I have a problem completing the home learning being set?

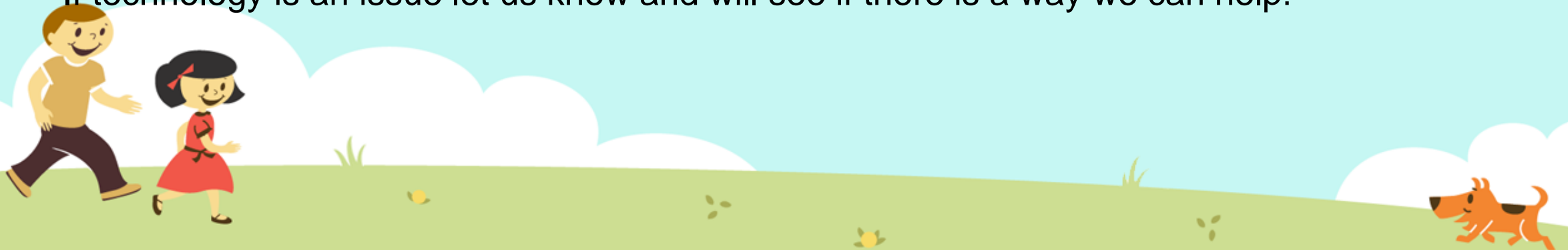
Firstly remember you are doing an amazing job! Many of you are working from home, juggling family and home commitments and life.

If you do need support:

Send a dojo message to your class teacher. They will be able to call, dojo message or use zoom to contact you and support you in helping your child. **Staff will reply within school hours.**

Staff are able to send short individual videos to support learning where children struggle to engage.

If technology is an issue let us know and will see if there is a way we can help!



How might I support my child if they are finding things hard?

- Attend the weekly class zoom so your child can see their friends and teacher. Social interaction and seeing people we know is helpful for everyone.
- Try some mindfulness or yoga activities that have been shared on Class Dojo.
- Get some exercise by going for a walk or having time in the garden.
- Have some quality time with a family member playing a game, reading a story or cooking together.
- Speak to your class teacher and we will look to offer you some nurture support through activities you can do at home with your child.
- Contact the school and we will seek to support you further.

