

Year 4 Term 6 Changing me

Lesson overview	Vocabulary
To understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and sperm. To appreciate that I am a truly unique human being.	Personal Unique Characteristics Parents
To understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies. Identify how boys' and girls' bodies change on the outside during this growing up process.	Change Puberty Control Male Female Testicles
To identify how boys' and girls' bodies change on the inside during the growing up process and why these changes are necessary so that their bodies can make babies when they grow up. To recognise how I feel about these changes happening to me and how to cope with these feelings.	Puberty Male Female Testicles Sperm Penis Ovaries Egg Ovum/ Ova Womb/ Uterus Vagina
To correctly label the internal and external parts of male and female bodies that are necessary for making a baby. To understand that having a baby is a personal choice and express how I feel about having children when I am an adult.	Sperm Egg/ Ovum Penis Testicles Vagina/ Vulva Womb/ Uterus Ovaries Making love Having sex Sexual Intercourse Fertilise Conception
Describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this. To know that I have strategies to help me cope with the physical and emotional changes I will experience during puberty.	Puberty Menstruation Periods
To identify changes that have been and may continue to be outside of my control. To be able to express my fears and concerns about changes that are outside of my control and know how to manage these feelings positively.	Control Change Acceptance
To identify what I am looking forward to when I move to a new class. Reflect on the changes I would like to make next year and can describe how to go about this	Change Looking forward Excited Nervous Anxious Happy