

Chester Park Federation Curriculum Statement: Physical Education (PE)

Intent



Chester Park believes that Physical Education, experienced in a safe and supportive environment, is essential to ensure all of our children attain optimum physical and emotional development and good health. We intend to deliver high-quality teaching and learning opportunities that inspire all children to succeed in physical education and in developing life skills. We want to teach children skills to keep them safe such as being able to swim. We also want to teach children how to cooperate and collaborate with others as part of an effective team, understanding fairness and integrity of play to embed life-long values. Our curriculum aims to improve the fitness of all children at Chester Park, not only through skills taught, but through the underpinning values and disciplines Physical Education promotes.

Implementation



Physical Education at Chester Parks offers enjoyable and challenging learning through a wide range of activities, including games, gymnastics, dance, swimming and outdoor and adventurous activities. Pupils take part in two high-quality PE lessons each week, studying two sporting disciplines per half term, ensuring full coverage of the National Curriculum. Extra-curricular opportunities are strongly promoted through lunch time clubs, after-school clubs, workshops in a variety of sports and regular participation in local competitive events. As pupils progress through the school, they develop teamwork, leadership and confidence, supported by initiatives such as Year 6 Sports Ambassadors. Swimming lessons are provided weekly for Year 3 and 4 pupils for half the year, ensuring essential life skills and promoting physical and mental wellbeing.

Impact



At Chester Park, pupils are participate in a range of physical activity through high-quality, engaging and enjoyable PE experiences. Children become motivated and confident participants in a wide range of sports, learning the value of teamwork, reliance and healthy competition – learning to love sport. They take increasing responsibility for their own health and fitness and gain first-hand experience of both competitive and non-competitive sport. As a result, children leave Chester Park ready to live happy and healthy lives utilising the skills and knowledge acquired through PE.

